

NCAHA NEWS

Your monthly communication from the
North Coast Allied Health Association



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EARLY BIRD SPECIAL!

Register for the North Coast Allied Health Forum by 31 December 2015 and enter the draw to win a night's accommodation at Opal Cove Resort.

Book tickets at: <http://ow.ly/TpRmQ>

Message from the Board

You will notice this newsletter focuses on the upcoming North Coast Allied Health Forum. I am very excited to be preparing this event with our Board. The forum's theme is 'Let's Get Connected', which is exactly what we want to do - connect with you! Bringing Allied Health professionals together is a big task and this is why we see this forum as particularly special for the North Coast. The event will feature something for everyone from arts therapists to sonographers and speech pathologists. Lots of fun is planned for our dinner and partners are welcome, so it could make for a great weekend.

We are pleased to continue our partnership with North Coast Primary Health Network as our gold sponsor, and the Mid North Coast Local Health District has come on board as a silver sponsor. Additional sponsorship is being sought,

so please contact us if you would like to know more. We believe this forum will be well attended and registrations are already being taken. I have just returned from participating in the National Allied Health Conference in Melbourne where 700 delegates received information on the North Coast forum.

As a special incentive, if you register before the end of the year, you have the chance of winning a night's accommodation at Opal Cove Resort.

I also recognise the efforts of the Australian Musculoskeletal Network in event managing the forum. They offer a lot of experience in this area.

One other very important piece of information I'd like to share is that we have officially appointed a new Director to the NCAHA Board. Congratulations

Mr Nick Neville! Nick is an occupational therapist based in Port Macquarie. Look out for an article on Nick in next month's newsletter.

Until next newsletter, keep an eye out for the forum program. I hope you will register and spread the word to your colleagues.



**Professor Susan Nancarrow,
Chair, NCAHA Board**



“Let’s Get Connected”

Launch, Seminar and Networking Event for Allied Health Professionals

5 March, 2016

Opal Cove Resort, Coffs Harbour

Come and hear renowned experts discussing the future direction of Allied Health and health care integration, including Keynote Speaker **Professor Kathryn Refshauge**, **Dr Teresa Anderson** and **Professor Susan Nancarrow**.

NCAHA is establishing itself as a benchmark for regionally-focused Allied Health representation and networking. Even if you’re not from the NSW North Coast, this is a great opportunity to help create a shared vision for Allied Health in one of the best holiday destinations on the East Coast.



Tickets

NCAHA Member
\$110

Non-NCAHA member
\$125

Student Enrollment
\$60

Optional Dinner (partners welcome)
\$75

Register by 31 December 2015 and enter the draw to win a night’s accommodation at Opal Cove Resort.

Book tickets at: <http://ow.ly/TpRmQ>

The Australian Musculoskeletal Network has been contracted to help promote and manage this event.

The AMSN was formed in 2013 in Byron Bay in an effort to promote good-quality local CPD events. The AMSN has run workshops on topics such as inflammatory arthritis, chronic pain and managing obesity. You can join the AMSN free of charge at www.amsn.com.au.

The Australian Musculoskeletal Network
37 Tuckaroo Avenue
Mullumbimby, NSW 2482
Phone: 0428 288 526
Email: info@amsn.com.au

Let's Get Connected - Speaker Profiles

Professor Kathryn Refshauge

"A vision for Allied Health and the ways that Allied Health can add value to the health system"

Professor Kathryn Refshauge is the Dean, Faculty of Health Sciences and Professor of Physiotherapy at the University of Sydney. Before this, she held the positions of Deputy Dean and Associate Dean at the faculty, and Head, School of Physiotherapy.



Professor Refshauge holds a PhD in the area of neuroscience. She is an eminent and widely published researcher, with more than 200 papers and 20 books and book chapters. She has attracted a total of more than \$15 million in external grant funding and has been awarded several prizes for her work with various groups, including the Australian Physiotherapy Association and the Charcot-Marie-Tooth Association.

In recognition of the quality of her supervision, Professor Refshauge has been awarded:

- the Faculty Award in 2010
- the Vice-Chancellor's Award for Excellence in Research Student Supervision in 2011
- a national award for outstanding contribution to student learning by the Australian Learning and Teaching Council in 2011.

Professor Refshauge holds several honorary research appointments, including Honorary Professor at the University of Cardiff and University of Malaya, and Honorary Senior Research Fellow at Neuroscience Research Australia and at St Vincent's Clinic, Sydney. She is a member of the editorial board of several international journals.

Professor Refshauge is an internationally recognised leader in research relating to musculoskeletal injury, in particular sports injuries, back pain and neck pain.

Professor Refshauge will be presenting on 5 March.

Dr Teresa Anderson

"A collective voice and identity for Allied Health in the North Coast region"

Dr Teresa Anderson (PHD) is the Chief Executive of the Sydney Local Health District. She has over 30 years' experience as a clinician and manager in the public health system.



Her roles included General Manager, Liverpool Hospital and Director, Clinical Operations, Former Sydney South West Area Health Service. With a Bachelor of Applied Science (Speech Pathology), Teresa then went on to complete a PhD in Linguistics at Macquarie University on the Early Identification and Treatment of Communication Disorders in Infancy.

Dr Anderson is also currently Chair of the Sydney Research Council, a partnership between the University of Sydney, Sydney Local Health District and the Medical Research Institutes.

Professor Susan Nancarrow

"Allied Health... preparing for the future"

Susan Nancarrow is Professor of Health Sciences, Director of Research in the School of Health and Human Sciences, and Deputy Chair of the Academic Board at Southern Cross University.



Susan has been actively involved in research since 1996 when she started investigating lower limb complications associated with diabetes. Later, her interest in health services research developed as a result of work with a community health organisation, and through her PhD research. Her research interests are in workforce development, workforce flexibility and integration, particularly as they relate to primary care, Allied Health and older peoples' services. She is also actively involved in building research capacity and she project managed the introduction of the new Bachelor of Health Science (Podiatry and Speech Pathology) and Bachelor of Clinical Science (Pedorthics) which commenced at SCU in 2013.

Susan's recent research has involved the investigation of workforce dynamics, particularly in the context of multidisciplinary services, community rehabilitation, and the care of older people. She has undertaken a number of research projects and consultancies in this field.

Upcoming Events

Click the event titles to learn more.

17 November

Women and Suicide, Ballina

17 November

Asthma Device Techniques for Pharmacists & Practice Nurses, Tweed Heads

17 November

Webinar: Using e-MH resources in your work: Supporting your clients to use self-help treatment programs

18 November

Wound Care Update for Registered Health Care Professionals from Primary Health and Aged Care, Coffs Harbour

18 November

NSW Industrial Relations: Workplace Issues for the Health and Medical Industry, Tweed Heads

19 November

Art & Science of Relaxation, Byron Bay

23 November

Domestic Violence Information Session for Medical Practitioners and Health Workers, Lismore

24 November

RRISK Drug and Alcohol session, Murwillumbah

25-28 November

24th National Conference on Incontinence, Melbourne

28 November

MSK Collaborative – Learning Workshop #1 (for registered participants only), Coffs Harbour

3 December

The Future of Health is in Your Hands: Research Driving Better Outcomes, Port Macquarie

3 December

Community Engagement Conference, Ballina

18-19 February

TheMHS Summer Forum, Sydney

5 March

North Coast Allied Health Forum, Coffs Harbour

1-3 April

The Digital Health Show, Sydney

20-21 April

Dementia and Community Care Conference, Melbourne

More Events

Visit www.healthynorthcoast.org.au/events to view the Healthy North Coast Practitioner Events Calendar.

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