

NCAHA NEWS

Your monthly communication from the North Coast Allied Health Association



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Did you know that you can now follow the NCAHA on Facebook?

Visit <http://ow.ly/X5fis>.

Chair's Welcome

The NCAHA Board is working frantically to ensure the success of the inaugural North Coast Allied Health Forum on Saturday 5 March at Opal Cove Resort in Coffs Harbour.

We are excited about our **program** and the calibre of our keynote speakers and we are pleased to bring this opportunity to North Coast Allied Health professionals. Participants on the day will be able to interact with proponents of highly-innovative programs and proposals, while also contributing to a panel session discussing how we can improve patient-centred care regionally. We believe we have something very special and unique here. I encourage you to **register now** while tickets are still available.

Keynote addresses will be made by Dr Teresa Anderson, Chief Executive of the

Sydney Local Health District, and Ms Suzanne Punshon of the National Disability Insurance Agency, Hunter trial site, along with physiotherapist and educator Professor Kathryn Refshauge, who was recently awarded an Order of Australia medal for her services to health in the Australia Day Honours List. What a privilege!

The Notice for our AGM has been sent to all members, along with an agenda and other important information. The AGM will be held after the Forum and via teleconference. Your attendance is valued.

Now for the fun part: our after-Forum dinner will be held in the restaurant at Opal Cove Resort. This will be a time to relax and get to know one another a little better. If you are attending the Forum, I

strongly urge you to join us at the dinner afterwards.

We look forward to meeting you and making some exciting announcements about our future activities.

Don't forget to follow us on our new **Facebook page!**



Professor Susan Nancarrow, Chair, NCAHA Board

Health Needs Survey - Win a \$200 CPD voucher!

Complete a **Health Needs Survey** by Sunday 28 February to enter the draw to win one of five \$200 professional development vouchers.

North Coast Primary Health Network (NCPHN) wants you to have your say on local health needs to gain a better understanding of the health needs of your community and how to improve services for the future.

Complete the survey at <http://ow.ly/YGcm9>.

Community members who complete the survey will enter the draw to win a \$200 supermarket voucher, so pass the link on to your family, friends and other contacts.

An update on survey results will be published in a future edition of NCAHA News.



NCAHA Annual General Meeting

Notice of Annual General Meeting

Notice is hereby given that the Annual General Meeting (AGM) of the Members of North Coast Allied Health Association NSW Ltd ABN 68 602 046 319 (the Company) will be held at the Opal Cove Resort, Opal Boulevard, Coffs Harbour, or via video or teleconference on Saturday 5 March 2016 at 4.30pm.

Each Ordinary Member is entitled to vote at the Annual General Meeting and if the authorised representative is unable to attend, the Member should appoint a proxy in order to secure the Member's right to vote.

Meeting Details

North Coast Allied Health Association NSW Ltd
ABN 68 602 046 319

4.30pm Saturday 5 March 2016
Opal Cove Resort, Opal Boulevard, Coffs Harbour

Or join via video conference at <https://global.gotomeeting.com/join/764296021>.

Or join via teleconference: (02) 8355 1024; Access Code 764-296-021.

For further information, contact Shaida Ataii on 6618 5400.



Looking to be part of the biggest Allied Health gathering on the North Coast?

“Let’s Get Connected”

North Coast Allied Health Forum

5 March, 2016

Opal Cove Resort, Coffs Harbour

Register now while tickets are still available: <http://ow.ly/TpRmQ>

Learn about innovative programs happening around the North Coast and be part of the discussion on how to improve patient-centred care. Hear from renowned experts discussing the future direction of Allied Health and health care integration. **[View the program here.](#)**



Professor Kathryn Refshauge is the Dean, Faculty of Health Sciences and Professor of Physiotherapy at the University of Sydney. Professor Refshauge was recently awarded an Order of Australia medal for her services to health in the Australia Day Honours List. She will be presenting “A vision for Allied Health and the ways that Allied Health can add value to the health system”.



Make the most of your day - stay for dinner

Happy Hour in the bar at 5pm. Gather for dinner at 6pm.

Take this opportunity to relax with old and new friends and enjoy a special dinner and entertainment at Horizons Restaurant, Opal Cove.

Tickets

NCAHA Member
\$110

Non-NCAHA member
\$125

Optional Dinner (partners welcome)
\$75

Student Enrollment
\$60

ABOUT HEALTHPATHWAYS

HealthPathways is an online information portal used at the point of care primarily by general practitioners, but it is also available and used by specialists, nurses and Allied Health providers. HealthPathways provides information on a wide range of medical conditions and includes information on how to assess, manage and refer patients in a timely manner in the local context of available services. It also includes service descriptions, criteria and contact information, as well as clinical and patient information resources. The pathways are underpinned by evidence-based best practice.

HOW TO ACCESS HEALTHPATHWAYS

To access the website from a PC or Smart Device, enter the following address into your URL and log in:

manc.healthpathways.org.au/index.htm

Username: manchealth

Password: conn3ct3d

NETWORKING ALLIED HEALTH SERVICES

HealthPathways have a wide range of Allied Health services listed which are linked into the request and referral sections of a range of HealthPathways published on the Mid and North Coast HealthPathways website. We would like to highlight the following examples of pathways that link to Allied Health services.

Knee Osteoarthritis

As with each pathway, the pathway covers assessment including useful assessment tools, such as the Oxford Knee Score. Each topic then covers management, including practice points and, in this instance, a range of Allied Health intervention.

Each topic also contains a referral section and this example of Knee Osteoarthritis includes referrals to:

- **community exercise programs**
- **dietitian**
- **exercise physiologist**
- **psychologist**
- **physiotherapist**

Achilles Tendon Rupture

The referral section provides options for the patient to be referred for **acute orthopaedic assessment** or **physiotherapy assessment** and lists private and public physiotherapists available by region.

We currently have 181 live pathways on the website with new HealthPathways regularly being published.

To see the latest HealthPathways new to our website, view the listing on the HealthPathways Homepage under 'Latest Localised Pathways'.

The HealthPathways website contains over 800 topics providing a fairly comprehensive guide to conditions seen in primary care. To view all localised HealthPathways see **Mid and North Coast Localised Pathways** (<http://ow.ly/YGtdu>).

If your Allied Health service is not listed in any of the referral sections, and you would like it to be added, or if you require any further information about HealthPathways, contact Kerrie Keyte at kkeyte@ncphn.org.au or phone 0439 530 274.